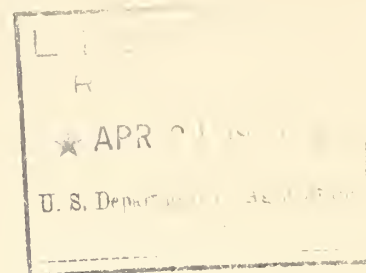
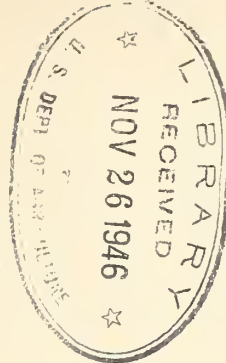


Historic, Archive Document

Do not assume content reflects current scientific knowledge, policies, or practices.

Free Ra.



MORE ABOUT READING LABELS.

By W. R. M. Wharton, Chief of Eastern District, Food, Drug and Insecticide Administration, U. S. Department of Agriculture.

Do you know what the term "Extra Sifted" means on a can of peas? Do you know the difference between "Early Peas" and "Sweet Peas?"

Early Peas or Early June Peas are peas of early-maturing varieties having a smooth skin. Sweet Peas or Sugar Peas are later-maturing varieties, having a wrinkled skin and a sweet taste. When put up in cans, Early Peas are separated into various sizes by the sieve method of sizing. The smallest size, or Number 1 peas, are called "Small Peas," or Petit Pois. The next, or Number 2 size, are called "Early June Extra Sifted." The next size, or Number 3, are called "Early June Sifted;" and the large peas, that is Number 4 or larger, are called only "Early June."

The practice of canning peas without grading as to size is growing. These unsifted peas are called the Run of the Pod.

Remember, Early June — Smooth Variety — Sizes called: No. 1, Petit Pois; No. 2, Extra-Sifted; No. 3, Sifted; No. 4, or larger, name used only. Sweet or Sugar peas are wrinkled and have sweet taste.

Insist upon getting what you want to buy, and double check by reading labels.
